Millie's Mark®

Inspiring Excellence in **Paediatric First Aid**

Information for parents

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What is Millie's Mark?

As a parent, placing your child in an early years setting that is endorsed with Millie's Mark provides reassurance that all childcare practitioners know what to do in a paediatric first aid situation.

It acknowledges that children's safety is at the forefront of the setting's mind when they care for your child.

The National Minimum Standards for Regulated Childcare (NMS), which all registered childcare providers in Wales are required to follow, currently states that:

Within day care it is a minimum requirement for at least 1:10 (trained adult: child ratio) to hold a current Full Paediatric First Aid 12 hours certificate and all other staff (including regular volunteers or trainees) included in the adult: child staff ratios must undertake Emergency Paediatric First Aid 6 hours training and maintain a current certificate (NMS 10.24 & 10.25)

Millie's Mark is a special endorsement for childcare providers that go above and beyond these minimum requirements, ensuring that as well as having 100% of childcare practitioners trained in paediatric first aid, everything learned during the course is kept in the forefront of practitioners' minds so that they are confident, ready and capable.

Millie's Mark is named after Millie Thompson, who died after choking on food at nursery in 2012 when she was just nine months old. Read more about Millie's legacy at www.milliesmark.com/about-us. National Day Nurseries Association (NDNA) delivers Millie'sMark in conjunction with Millie's Trust.

How does an early years setting achieve Millie's Mark?

In order to apply for Millie's Mark, 100% of childcare practitioners working directly with the children must be qualifiedin paediatric first aid. The accreditation process takes between three and six months.

The process involves the setting checking processes andprocedures meet the required standards through a setting audit, childcare practitioners confidence audit, childcare practitioners training matrix and floor plan review.

Once these steps are complete, nurseries upload evidence to the Millie's Mark website. The evidence is assessed by a panel attended by representatives from Millie's Trust and NDNA. A percentage of nurseries receive a spot check.

National Day Nurseries Association

Awarded setting testimonials

Many settings have shared their experiences of achieving Millie's Mark, showing how the process has made their childcare providers and childminders more confident and has reassured parents. Some highlights are below and youcan read the full case studies at www.milliesmark.com/case-studies

"Since being accredited with Millie's Mark, many parents have commented on how reassuring it is to know that we are all competent and confident and that we can respond to an emergency appropriately if it arises. Many potential clients have also seen that we have been awarded with this and are impressed - sometimes awards like this can be the decider for parents between us and other nurseries." – **Clarence House Chatteris**

"As well as being fantastic for our current families, new parents have chosen our setting as we are able to demonstrate our commitment to keeping children safe. Millie's Mark has had a massive impact on our sustainability, alongside boosting staff confidence. Parents are reassured in the knowledge that, when their children are left with us, their wellbeing is our biggest priority." – **Barton Moss Nursery**

"Practitioners are delighted and have been highly motivated as a team to achieve Millie's Mark. Our parents continue to have the reassurance their children are safe indoors and outdoors across the whole nursery because of the skill and training of our staff team." - **Hipperholme & Lightcliffe Day Nurseries Ltd**

Parent testimonials

"My son's nursery in Stockport has just been awarded Millie's Mark. I just wanted to send you a note for Millie's parents to say thank you - and congratulations - for having the strength to come up with such a worthwhile organisation in Millie's memory. You've made the environment my two-year-old son is cared for in much safer, so thank you." - **Richard, dad of a child at Millie's Mark accredited nursery**

Reacting to her nursery achieving Millie's Mark, parent Suzanne Cheshire said: *"Leaving a child at nursery whilst going to work is so much easier knowing they are in such good hands, well done Hipperholme & Lightcliffe."* – **Hipperholme & Lightcliffe Day Nurseries Ltd**

Read more about Millie's Mark at www.milliesmark.com

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Gwybodaeth i Rieni

Beth yw Millie's Mark?

Fel rhiant, mae rhoi eich plentyn mewn lleoliad blynyddoedd cynnar sydd wedi'i gymeradwyo gan Millie's Mark yn rhoi sicrwydd bod pob ymarferydd gofal plant yn gwybod beth i'w wneud mewn sefyllfa cymorth cyntaf pediatrig.

Mae'n cydnabod bod diogelwch plant yn flaenllaw ym meddwl y lleoliad pan fyddant yn gofalu am eich plentyn.

Mae'r Safonau Gofynnol Cenedlaethol ar gyfer Gofal Plant a Reoleiddir (SGC), sy'n ofynnol i bob darparwr gofal plant cofrestredig yng Nghymru eu dilyn, yn nodi ar hyn o bryd:

O fewn gofal dydd llawn mae'n ofynnol i o leiaf 1:10 (cymhareb oedolyn hyfforddedig: plentyn) feddu ar dystysgrif 12 awr Cymorth Cyntaf Pediatrig Llawn gyfredol a'r holl staff eraill (gan gynnwys gwirfoddolwyr neu hyfforddeion rheolaidd) sydd wedi'u cynnwys yn y cymnarebau oedolyn:plentyn, ymgymryd â hyfforddiant 6 awr Cymorth Cyntaf Pediatrig Brys a chael tystysgrif gyfredol (SGC 10.24 a 10.25)

Mae Millie's Mark yn gymeradwyaeth arbennig i ddarparwyr gofal plant sy'n mynd y tu hwnt i'r gofynion sylfaenol hyn, gan sicrhau yn ogystal â chael 100% o ymarferwyr wedi'u hyfforddi mewn cymorth cyntaf pediatrig, bod popeth a ddysgir yn ystod y cwrs yn cael ei gadw ym mlaen meddwl ymarferwyr fel eu bod yn hyderus, parod a medrus.

Mae Millie's Mark wedi'i enwi ar ôl Millie Thompson, a fu farw ar ôl tagu ar fwyd mewn meithrinfa yn 2012 a hithau ddim ond yn naw mis oed. Darllenwch fwy am waddol Millie yn www.milliesmark.com/about-us.

Mae'r NDNA yn gweithredu Millie's Mark ar y cyd ag Ymddiriedolaeth Millie.

Sut mae darpariaeth blynyddoedd cynnar yn cyflawni Millie's Mark?

Er mwyn gwneud cais am Millie's Mark, rhaid i 100% o'r ymarferwyr gofal plant sy'n gweithio'n uniongyrchol gyda'r plant fod â chymwysterau cymorth cyntaf pediatrig. Mae'r broses achredu yn cymryd rhwng tri a chwe mis.

Mae'r broses yn cynnwys y lleoliad yn gwirio bod prosesau a gweithdrefnau yn bodloni'r safonau gofynnol trwy archwiliad lleoliad, archwiliad hyder ymarferwyr gofal plant, matrics hyfforddi ymarferwyr gofal plant ac adolygiad o gynllun llawr yr adeilad.

Unwaith y bydd y camau hyn wedi'u cwblhau, mae meithrinfeydd yn uwchlwytho tystiolaeth i wefan Millie's Mark. Asesir y dystiolaeth gan banel a fynychir gan gynrychiolwyr o Ymddiriedolaeth Millie a'r NDNA.   Mae canran o'r meithrinfeydd wedyn yn cael archwiliad heb rybudd.

Geirda lleoliadau sydd wedi eu cymeradwyo

Mae llawer o leoliadau wedi rhannu eu profiadau o dderbyn Millie's Mark, gan ddangos sut mae cynnydd wedi ei wneud, wedi rhoi mwy o hyder i staff a thawelu ofnau rhieni. Mae rhai o'r sylwadau isod, a gallwch ddarllen yr astudiaethau achos yn llawn yn www.milliesmark.com/case-studies

"Ers i ni dderbyn cymeradwyaeth Millie's Mark, mae llawer o rieni wedi dweud cymaint o gysur ydi gwybod ein bod i gyda yn abl a hyderus fel ein bod yn gallu ymateb i argyfwng yn addas os oes rhaid. Mae llawer o rieni sy'n dod i weld y feithrinfa wedi sylwi ein bod wedi derbyn y gymeradwyaeth - weithiau mae hyn yn gwneud i rieni ddewis ni yn hytrach na meithrinfa arall." – **Clarence House Chatteris**

"Yn ogystal a bod yn wych I'n teuluoedd presennol, mae rheini newydd wedi dewis ein lleoliad ni oherwydd ein bod yn dangos ymrwymiad i gadw plant yn ddiogel. Mae Millie's Mark wedi cael argraff enfawr ar ein cynaladwyedd, yn ogystal â rhoi hyder i staff. Mae'n tawelu meddwl rhieni i wybod pan maent yn gadael eu plant gyda ni, mai eu lles nhw yw ein prif flaenoriaeth." – **Barton Moss Nursery**

"Mae ymarferwyr wrth eu bodd ac wedi eu hysgogi fel tîm wedi iddynt dderbyn cymeradwyaeth Millie's Mark. Mae ein rhieni yn parhau i gael tawelwch meddwl bod eu plant yn ddiogel y tu mewn a'r tu allan drwy'r feithrinfa oherwydd sgiliau a hyfforddiant ein staff." - **Hipperholme & Lightcliffe Day Nurseries Ltd**

Geirda Rhieni

"Mae meithrinfa fy mab yn Stockport newydd dderbyn Millie's Mark. Roedwn eisiau anfon nodyn i rieni Millie i ddiolch iddynt a'u llongyfarch am gael y nerth i sefydlu corff er cof am Millie. Rydych wedi gwneud yr amgylchedd lle mae fy mhlentyn dwy flwydd yn cael gofal, yn llawer mwy diogel, felly diolch " - **Richard, tad plentyn mewn meithrinfa sydd wedi derbyn cymeradwyaeth Millie's Mark**

Wrth ymateb i'r newyddion bod ei meithrinfa wedi cael cymeradwyaeth Millie's Mark, dywedodd un rhiant, Suzanne Cheshire *"Mae gadael plentyn mewn meithrinfa tra'n mynd i'r gwaith cymaint haws gan wybod eu bod mewn dwylo da. Da iawn well done Hipperholme & Lightcliffe."* – **Hipperholme & Lightcliffe Day Nurseries Ltd**